



EMPOWERMENT FAMILY SUPPORT PROGRAM

The Johnson County Empowerment Family Support Program provides ongoing, individualized in-home services to families with children prebirth through 5 years. We support parents through the provision of fun activities, resources, and information to ensure that young children are properly nurtured and stimulated in safe and healthy environments so that they are ready to learn and succeed when they enter kindergarten.

Participating families will :

- ✦ Learn more about how children grow and develop.
- ✦ Learn recommended discipline and child guidance skills.
- ✦ Know what to expect at each stage of child development.
- ✦ Engage in age-appropriate activities with children, especially language and literacy activities.
- ✦ Use nurturing behaviors, including the use of schedules and routines.
- ✦ Be able to identify and access needed resources.
- ✦ Build social support and decrease stress.

A Family Support Counselor will be assigned to each family accepted into the program. The support counselor will mentor each family and conduct home visits that will allow parents to learn and apply skills in their home environment. Families will be encouraged to participate in parent education activities sponsored through the Johnson County Empowerment Area.

To find out if you qualify for this **no-fee** program, complete the referral form and mail to:

Laurie Nash
Johnson County Empowerment
1150 5th Street, Suite 261
Coralville, IA 52241

Johnson County is a safe and healthy community in which to learn, work, and live.

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