

Johnson County Empowerment School Ready Grant Cover Page

July 1, 2008 – June 30, 2009

Date: May 1, 2008
 Provider Name: United Action for Youth
 Program Name: Teen Parent School Ready Program
 Address: 410 Iowa Avenue, P.O. Box 892, Iowa City, IA 52244-0892
 Contacts: Lynette Jacoby, 319-338-7518, fax 319-337-7999
 e-mail: uayteenmom@aol.com
 Jim Swaim, 319-338-7518, jimswaim@unitedactionforyouth.org

This is the first renewal application.

Funds Requested: \$33,915

Outcome Statement: United Action for Youth is seeking \$33,915 in FY2009 Empowerment School Ready funds to provide a multi-component effort directed primarily at children of pregnant and parenting teens, with additional parent skills training efforts directed at non-teen parents living in rural Johnson County.

Summary Table

Program name & Funding Requested	Target Audience; Expected # to serve	Goals of Program	Scope of Service	Performance Measures and Specific Measurements to be reported
1.Teen Parent Program Teen Parent Skills \$7665	1.It is expected that 25 teen parents will be served.	1.To increase support networks and decrease social isolation in teen parents	1.Provide parent skills development for teen parents , including a five session parenting class, support for shared visions parenting support groups, recreational opportunities, and incentives for young moms support group	1.# duplicated and unduplicated contacts will be reported. Survey results: % have more emotional support from family and friends % know were to turn for help % met and talked with other parents %learned how to take better care of themselves and their needs
2.Parent Education \$12,075	2. It is expected that 30-40 families with children ages 0-5 will participate in the	2. To increase parenting skills in a way that enhances knowledge on early childhood development.	2. Provide 3 five-session parenting classes that target rural parents. Possible locations include Iowa's children's museum, Solon, Lone Tree and the ICCSD Family Resource Centers. Each workshop will include a family meal and	2.Report # of workshops; # parents and families who participated (duplicated and unduplicated); and # of children 0-5 years. Survey results: % know more about how children grow and develop % understand more why their child does the things he/she does at their

<p>3. Teen Parent Program Pediatric Nurse Practitioner \$14,175</p>	<p>workshops.</p> <p>3. At least 25 pregnant and parenting teens and 25 children of teen parents will receive PNP health services.</p>	<p>3. To increase the health status of children and parents. Pregnant and parenting teens will have easy access and make use of health services and prenatal care.</p>	<p>activity.</p> <p>3. The pediatric nurse practitioner (PNP) will provide referrals for pre-natal care, accompany pregnant teens to appointments when requested; referrals for contraception, to family physicians, WIC and other resources. The PNP will provide health screening, pre- and post-natal care and well-child services.</p>	<p>age</p> <p>% have more ideas about how to discipline</p> <p>% will use class activities at home</p> <p>% have discovered new resources</p> <p>% had a chance to meet other parents</p> <p>3. Report # of youth receiving prenatal services (duplicated and unduplicated), and number of children receiving pediatric visits (duplicated and unduplicated).</p> <p>% low birth weight babies</p> <p>% receiving assessment and screenings</p> <p>% up-to-date on immunizations</p> <p>% subsequent birth rate</p> <p>% have a primary care physicians</p> <p>% have health insurance coverage</p> <p>Survey results:</p> <p>% gained knowledge on child development</p> <p>% gained knowledge on guidance and discipline</p> <p>% gained knowledge on health care</p> <p>% gained knowledge on pre-natal care</p>
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Proposal Narrative:

1. Changes to Program Description

Parent skills development for teen parents

The last few years we have offered a five session parent/child summer camp, *Parents and Tots Can Play and Learn Together*, in lieu of the five session parenting class as outlined in the original grant application. Since all of the parents are already receiving *Parents as Teachers* parenting instruction and are invited to attend the rural parenting workshops the summer camp adds a fun new option that focuses on the importance of play in learning. The classes are billed as “your child’s first summer camp!” The camp is geared toward parents and their children 15 months and older. The camp meets

five times and includes lunch. The classes provide quality one on one play time between the parents and child while offering age appropriate play and activities. Throughout the class parents are encouraged to follow their child's lead in play. Parents are taught the importance of play in learning and how to value the time they have to interact with their child. Families receive supplies, books and toys used during each class.

Parent skills training – rural outreach

The original proposal indicates that the parenting workshops would be offered in Lone Tree, Solon and Coralville at the Iowa Children's Museum. This year we deviated from that schedule, due to low attendance in Lone Tree and Solon, and partnered with the Penn and Hills Family Resource Centers. There was some success in this change. We will again explore returning to Solon and Lone Tree this year since it has been a few years since classes were offered in those communities. We will also explore the possibility of again partnering with one of the Family Resource Centers.

Evaluation

There are no changes to the evaluation component.

Provider Qualifications

The rural parent skills workshops are now being facilitated by Kim Hanrahan. Kim has her MSW from the University of Iowa and is certified in *Parents as Teachers*. Classes are being co-facilitated by Katie Foster who is completing her MSW at the University of Iowa and also is certified in *Parents as Teachers*.

Empowerment Budget Form

Program Name: United Action for Youth Teen Parent Skills

July 1, 2008 through June 30, 2009

	Total Program Cost	Empowerment Request	Other Revenue
Salaries & Personnel (detail chart A)			
a.			
b.			
1. Salaries subtotal	38,735	5,900	32,835
Program Costs			
a. printing/copying	300		300
b. travel	300		300
c. advertising	0		
d. supplies/training materials	300		300
2. Program costs subtotal	900	0	900
Participant supports			
a. family activity outings	400	400	
b. food	1,000	200	800
c. support group & family incentives	800	800	
d. support group supplies	830		830
3. Participant Supports subtotal	3,030	1,400	1,630
Equipment			
a.			
b.			
4. Equipment subtotal	0	0	0
Other			
a.			
b.			
5. Other subtotal	0	0	0
6. TOTAL DIRECT (total lines 1+2+3+4+5)	42,665	7,300	35,365
Administration			
Other indirect	365	365	
7. TOTAL INDIRECT	365	365	0
8. TOTAL EXPENDITURES (total lines 6+7)	43,030	7,665	35,365

Empowerment Budget Form**Program Name: United Action for Youth Teen Parent Skills****July 1, 2008 through June 30, 2009****Detail Chart A: Salary Costs**

Job Title	% of FTE for project	Total Cost	Empowerment Request	Other Revenue
Teen Parent Coordinator/Counselor	80%	36,340	4,100	32,240
Child Development Class Leader	3%	1,800	1,800	0
Parent Group Facilitators	1%	595	0	595
Totals	84%	38,735	5,900	32,835

Detail Chart B: Other Revenue

Source of Other Revenue	Other Revenue by Source
Shared Visions	32,835
Total Other Revenue	32,835

Empowerment Budget Form

Program Name: United Action for Youth Rural Parent Skills

July 1, 2008 through June 30, 2009

	Total Program Cost	Empowerment Request	Other Revenue
Salaries & Personnel (detail chart A)			
a.			
b.			
1. Salaries subtotal	8,950	8,950	0
Program Costs			
a. printing/copying	100	100	
b. travel	120	120	
c. advertising	0	0	
d. supplies/training materials	400	400	
e. facility rental fees	500	500	
2. Program costs subtotal	1,120	1,120	0
Participant supports			
a. family activity outings	0		
b. food	830	830	
c. support group & family incentives	600	600	
d. support group supplies	0		
3. Participant Supports subtotal	1,430	1,430	0
Equipment			
a.			
b.			
4. Equipment subtotal	0	0	0
Other			
a.			
b.			
5. Other subtotal	0	0	0
6. TOTAL DIRECT (total lines 1+2+3+4+5)	11,500	11,500	0
Administration			
Other indirect	575	575	
7. TOTAL INDIRECT	575	575	0
8. TOTAL EXPENDITURES (total lines 6+7)	12,075	12,075	0

Empowerment Budget Form**Program Name: United Action for Youth Rural Parent Skills****July 1, 2008 through June 30, 2009****Detail Chart A: Salary Costs**

Job Title	% of FTE for project	Total Cost	Empowerment Request	Other Revenue
Parent Group Facilitators	23%	7,900	7,900	0
Childcare	4%	1,050	1,050	0
Totals	27%	8,950	8,950	0

Detail Chart B: Other Revenue

	Other Revenue by Source
Total Other Revenue	0

Empowerment Budget Form

Program Name: United Action for Youth Health Support (PNP)

July 1, 2008 through June 30, 2009

	Total Program Cost	Empowerment Request	Other Revenue
Salaries & Personnel (detail chart A)			
a.			
b.			
1. Salaries subtotal	20,500	13,500	7,000
Program Costs			
a. printing/copying	0		
b. travel	0		
c. advertising	0		
d. supplies/training materials	0		
2. Program costs subtotal	0	0	0
Participant supports			
a. family activity outings	0		
b. food	0		
c. support group & family incentives	0		
d. support group supplies	0		
3. Participant Supports subtotal	0	0	0
Equipment			
a.			
b.			
4. Equipment subtotal	0	0	0
Other			
a.			
b.			
5. Other subtotal	0	0	0
6. TOTAL DIRECT (total lines 1+2+3+4+5)	20,500	13,500	7,000
Administration			
Other indirect	675	675	
7. TOTAL INDIRECT	675	675	0
8. TOTAL EXPENDITURES (total lines 6+7)	21,175	14,175	7,000

Empowerment Budget Form**Program Name: United Action for Youth Health Support (PNP)****July 1, 2008 through June 30, 2009****Detail Chart A: Salary Costs**

Job Title	% of FTE for project	Total Cost	Empowerment Request	Other Revenue
Pediatric Nurse Practitioner	30%	20,500	13,500	7,000
Totals	30%	20,500	13,500	7,000

Detail Chart B: Other Revenue

Source of Other Revenue	Other Revenue by Source
Transitional Living Program	7,000
Total Other Revenue	7,000