

**MECCA**

“Partners in Parenting”

and

“Child Wellness”

July 1, 2007-June 30, 2008

Submitted by: Rebecca M. McMurray, Prevention Project Coordinator

Contractor (Contact) FY 08 Amount Contract Period	Target Audience and Goals	Scope of Services	Performance Measures	Outcomes
<p><b>MECCA</b> (Kelly Vander Werff)</p> <p><b>1. Parent Workshops/ Provider Education</b> \$24,332 1 year</p> <p><b>YTD: 23,652.35</b></p>	<p><b>1a)</b> Education and support for parents with substance abuse issues who have children 0-5 to reduce incidence of child abuse and encourage safe, nurturing, and stimulating environment</p> <p><b>1b)</b> Educate child/family service providers so they can more effectively identify and intervene with families in order to increase safety and stability of the home environment and facilitate appropriate referrals for substance abuse services.</p>	<p>1A. Provide four 6-session workshops using the "Partners In Parenting" curriculum to parents who have been involved with drugs/alcohol and have children ages birth to 5 years (total of 32 families)</p> <p>1B. Provide 9 trainings to area childcare and family support professionals on how to identify and intervene in situations where children are exposed to alcohol and other drugs.</p>	<p>1A. Parenting Skills Training participants will: -increase their knowledge of parenting skills -promote nurturing early environments -build support networks and reduce isolation.</p> <p>1B. Service providers receiving training will identify, on pre- and post-tests, increased ability to effectively identify and intervene in situations where children are exposed to alcohol and other drugs.</p>	<p>1A) 1 six week session 31 duplicated families 7 unduplicated families 60% of families are more confident about their parenting skills. 100% discovered new resources in the community. 100% are more likely to use positive discipline with their child(ren).</p> <p>1 B) 3 presentations Majority of staff agreed that the training increased their subject knowledge.</p>
<p><b>2. Child Wellness</b> \$5,509 1 year</p> <p><b>YTD: 5,211.42</b></p>	<p>2. Provide education and support for parents with substance abuse issues who have children 0-5 and live in MECCA Transitional Housing in order to reduce incidence of child abuse, CINAs and increase family stability.</p>	<p>2. Provide 12 monthly workshops to parents with children ages birth to 5 years. Workshops will include a family meal, parent education, and appropriate child care. Estimate 8 families each month.</p>	<p>2. Child Wellness participants will: -increase their knowledge of child health, growth, and development -promote nurturing early environments -build support networks and reduce isolation.</p>	<p>3 sessions 11 duplicated families 6 unduplicated families 63% had a lot more activity ideas. 75% discovered a lot more new community resources. 50% feel a lot less stressed in caring for their child.</p>

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<p><b>MECCA</b> (Kelly Vander Werff)</p> <p><b>1. Parent Workshops/ Provider Education</b> \$24,332 1 year</p> <p><b>YTD: 23,652.35</b></p>	<p><b>1a)</b> Education and support for parents with substance abuse issues who have children 0-5 to reduce incidence of child abuse and encourage safe, nurturing, and stimulating environment</p> <p><b>1b)</b> Educate child/family service providers so they can more effectively identify and intervene with families in order to increase safety and stability of the home environment and facilitate appropriate referrals for substance abuse services.</p>	<p>1A. Provide four 6-session workshops using the "Partners In Parenting" curriculum to parents who have been involved with drugs/alcohol and have children ages birth to 5 years (total of 32 families)</p> <p>1B. Provide 9 trainings to area childcare and family support professionals on how to identify and intervene in situations where children are exposed to alcohol and other drugs.</p>	<p>1A. Parenting Skills Training participants will: -increase their knowledge of parenting skills -promote nurturing early environments -build support networks and reduce isolation.</p> <p>1B. Service providers receiving training will identify, on pre- and post-tests, increased ability to effectively identify and intervene in situations where children are exposed to alcohol and other drugs.</p>	<p>1A) 4 six week sessions 159 duplicated families 31 unduplicated families 81% are more likely to use positive discipline. 73% feel more confident about parenting skills. 92% had a chance to meet and talk with other parents.</p> <p>1 B) 7 presentations for 77 staff providing services to children and families in Johnson County.</p>
<p><b>2. Child Wellness</b> \$5,509 1 year</p> <p><b>YTD: 5,211.42</b></p>	<p>2. Provide education and support for parents with substance abuse issues who have children 0-5 and live in MECCA Transitional Housing in order to reduce incidence of child abuse, CINAs and increase family stability.</p>	<p>2. Provide 12 monthly workshops to parents with children ages birth to 5 years. Workshops will include a family meal, parent education, and appropriate child care. Estimate 8 families each month.</p>	<p>2. Child Wellness participants will: -increase their knowledge of child health, growth, and development -promote nurturing early environments -build support networks and reduce isolation.</p>	<p>11 sessions 9 unduplicated families 42 duplicated families 78% have a lot more activity ideas and discovered a lot more resources.</p>

## **Implementation**

### ***Partners in Parenting***

#### ***Quarterly***

This quarter the “Partners in Parenting” Program was held on six consecutive Mondays, beginning April 14<sup>th</sup> and ending May 19<sup>th</sup>. The series was facilitated by Rebecca McMurray, Project Coordinator. 0.5 fee. The program followed the research-based “Partners in Parenting” curriculum with additional activities from the “Dare to be You” curriculum. Each class was from 6-8 Pm with a family meal served from 6-6:30 Pm.

The focus of the classes is on the relationship between parent and child and creating a supportive network of other parents. Session topics included introduction and parenting strengths, child development, communication, sensible discipline, problem solving and self care. By the end of the course, parents learned a variety of parenting skills including family communication, positive discipline, coping with the stress of parenting, and problem solving techniques. Qualified childcare staff supervised the participants’ children for each of the sessions.

Participants in this quarter’s class included 6 families, 7 adults, and 9 children; 3 infants, 1 toddler, and 5 older children. 5 families completed the program. Families were referred to the program from friends, MECCA Outpatient Services, and family members. Six of the parents are Caucasian, and one of the parents is Hispanic. One of the children is Hispanic, two of the children were African American and Caucasian, and the rest were Caucasian. The ages of the seven participating parents were between 23 and 32.

#### ***Annual***

Year to date there have been four six week “Partners in Parenting” programs offered for parents in recovery. Two of the programs were facilitated by Tiffany Johnston-Hines and the remaining two were facilitated by Rebecca McMurray, LMSW. Thirty families completed the program with some families repeating the class for a second time.

The “Partners in Parenting” curriculum was utilized for all four programs with supplementary activities from the “Dare to be You” curriculum used in the fourth quarter program. Topics include parenting strengths, child development, communication, positive discipline, self care and problem solving. Parenting strengths, positive discipline and self care are especially important for parents in recovery since they often feel guilty about past behavior and lack confidence in their parenting skills, are not familiar with ways to use discipline to teach

rather than punish, and as mostly single parents with many obstacles, taking care of themselves and reducing their stress is a challenge.

Participants during the year included 30 unduplicated families with one Asian family, one Hispanic family, two African American families, two families both African American and Caucasian, and the rest of the families Caucasian. The ages of the parents were between twenty and fifty six.

### ***Trainings for Child/Family Services Providers***

#### ***Quarterly***

Three presentations were given this quarter providing training to a total of 50 staff providing services to children and families in Johnson County.

- On April 7, a half hour presentation titled “Working with Children and Families Impacted by Substance Abuse” was presented at Good Shepherd Center. Staff was provided information on identifying children, intervening on behalf of the children and classroom strategies to try to enhance the success of children from homes with substance abuse.
- On June 2, an hour presentation titled “Working with Children and Families Impacted by Substance Abuse” was presented to Iowa City Parks and Recreation staff. Information about addiction, how to identify children from homes with substance abuse, how to intervene with parents, strategies for working with children from homes with substance abuse to improve their outcomes, and fetal alcohol spectrum disorder.
- On June 20, a one hour presentation was given to the Johnson County Women, Infants and Children (WIC) staff. This presentation covered fetal alcohol spectrum disorder, the effects of smoking during pregnancy, addiction and the impact of substance abuse in the home on children.

#### ***Annual***

A total of seven presentations were given this year at a wide range of facilities. 77 childcare providers, family support workers, WIC staff, and parks and recreation staff were provided information on fetal alcohol spectrum disorder, addiction, intervention, current drug trends and working with children and families impacted by substance abuse. Overall, 6 hours of information was presented: 5-one hour presentations and 2-30 minute presentations.

## *Programs for Transitional Families: Child Wellness*

### *Quarterly*

Three child wellness programs were scheduled during this quarter. Each program included a meal, a gift card to Wal-Mart, and a family support. These programs were arranged and facilitated by Rebecca McMurray, Project Coordinator, 0.05 fte. Qualified childcare staff supervised the participants' children for each of the sessions.

- April 16, 2008: Two representatives from First American Bank provided a presentation on budgeting. Four of the seven eligible participants attended the program. Participants had several questions and were given great advice as well as ideas for determining where their money is being spent and how to save more and avoid debt. Additionally, the representatives said the participants could open up a savings account at First American Bank without the minimum required amount. Participants also asked about how to save money for their children that wouldn't be accessible to anyone except the child. Each of them expressed interest in putting aside money for their child to be able to use towards education when he/she is 18 years of age. Representatives presented a few different options.
- May 20, 2008: Two chief residents from the University of Iowa Dental School gave a presentation on infant and child dental care. How to care for teeth, avoid cavities and good nutrition for dental health were topics covered during the presentation. This information, as well as, toothbrushes, toothpaste and brushing timers were given to the residents for their children. In addition, following the presentation, at the request of a parent, they checked an infant's teeth since the mother was concerned he may have chipped a tooth.
- June 18, 2008: Lieutenant Tom Lacina from the Iowa City Fire Department was scheduled to present on fire safety in the home, however, due to the 2008 flood, he was unable to attend. Information on fire safety as well as nutrition was provided to the residents. Following the dinner, activity stations including making play-doh, blowing bubbles, sidewalk chalk, and creating art (painting and coloring) were set up for parents to do with their child. This encouraged interaction and gave some ideas for summer activities.

## ***Annual***

A total of eleven programs were held this year with meals, a \$10 gift card and a family support provided to each participant at every program. All of the programs had scheduled speakers, however, due to weather, two speakers cancelled and opportunities for interaction with other families and their children were offered for the parents. 9 unduplicated families participated in the programs.

On average 4 families attended each session. Some programs were better attended than others with flower arranging and school readiness having the highest attendance. Following are the topics from July 2007-June 2008: tie dying with UAY, school readiness, reading, CPR and SIDS, flower arranging with Hy-Vee, stretch your budget - how to make homemade toys, dental care, and budgeting.

## **Successes**

### ***Partners in Parenting***

#### ***Quarterly***

During the fourth quarter a strong social network was established among participants. New activities were introduced and well received from the “Dare to be You” curriculum. Ideas were shared among parents and information addressing individual concerns was provided for all participants.

#### ***Annual***

Year to date, four families have repeated the class stating that they like the social network established through the classes and learning from the experiences of others and the information provided and activities done with the curriculum. Positive connections have been made with community service agencies informing them about “Partners in Parenting” and service providers have been receptive to referring clients to the program.

### ***Child Wellness***

#### ***Quarterly***

During the fourth quarter, the presentations on budgeting and dental care created a lot of interest and questions for the presenters. Presenters were well prepared and came with giveaways for the residents. At all three of the programs, residents in attendance would call

other residents to encourage them to come downstairs for the program. The biggest success is that some residents are trying to quit smoking as a result of the budgeting program.

### ***Annual***

Year to date, the program has continued to provide information to the residents that increases their knowledge on providing a healthy, safe home environment and prepare their children for attending school. A wide range of presenters on varying topics were able to be scheduled which provided interesting topics throughout the year. Positive relationships were established between the project coordinator and the residents.

### **Obstacles**

#### ***Partners in Parenting***

### ***Quarterly***

During the fourth quarter the positive social network established among participants lead to occasional distractions from the class work and topic being presented. . Small group work and working with partners was implemented to improve focus by participants on the topic being discussed. On a positive note, the social atmosphere ensured high attendance as the participants looked forward to the meal time and post class time for socialization.

### ***Annual***

Year to date the largest obstacle has been low enrollment in the class. New brochures were created (see attached) and have been delivered or mailed to WIC, Crisis Center, Iowa City Public Library, HACAP, MECCA Services, 4Cs, the Nest, Hometies, Johnson County DHS, DVIP, Melrose House and the Iowa City Community School District family resource centers for distribution to families. Information about the class will continue to be provided to individuals working with families impacted by substance abuse. A link to the program will also be added to the MECCA Services prevention website.

Another obstacle has been ensuring that participants repeating the class are receiving new information while still maintaining the validity of the “Partners in Parenting” curriculum. Activities from “Dare to be You”, another evidence based curriculum, were used during the fourth quarter. Additional evidence based curricula are being reviewed for supplementary information and learning activities that will add to the “Partners in Parenting” curriculum as well as further address concerns of parents in recovery.

## *Child Wellness*

### *Quarterly*

During the fourth quarter the largest obstacle was the flood in June. Several residents had left the area and the speaker had to cancel the presentation. However, three residents attended with their children.

### *Annual*

Year to date the largest obstacles have been attendance and the weather related cancellations. To address attendance, following each session a letter was sent to all eligible residents thanking those who came and asking those unable to attend to come to the next month's program. Additionally information on the presented topic was included with the letter as well as information about community events for them to attend with their children. As the year continued, positive relationships were established between the program coordinator and the residents that also improved attendance.

The severe winter, in addition to the flood, resulted in three speakers cancelling their presentations. In February, a severe winter storm resulted in cancellation of the program. In December and June, a program was provided including a meal, activities to do with their children and time for socialization.

## **Resource Materials / Equipment**

### *Partners in Parenting*

#### *Quarterly*

- “Dare to be You” curriculum materials were borrowed from ISAIC to supplement the “Partners in Parenting” curriculum.
- 200 colored brochures were created and printed to promote the “Partners in Parenting” program and increase enrollment.
- Dry erase markers and dry erase sheets were purchased to use in the class for brainstorming and illustrating ideas presented in the curriculum.
- Additional childcare supplies were purchased that will encourage make believe play and provide other ways for childcare staff to interact with the children.
- Brochures and information about community resources were given to participants on topics of interest.

### *Annual*

- Colored brochures were printed in the first quarter to promote the program and increase enrollment in Partners in Parenting.
- A table top flip chart was purchased to utilize for visuals and brainstorming at service provider presentations.
- “Dare to be You” curriculum materials were borrowed from ISAIC to supplement the “Partners in Parenting” curriculum.
- 1 ream of glossy paper was purchased to print colored brochures.
- 200 colored brochures were created and printed in the fourth quarter to promote the “Partners in Parenting” program and increase enrollment.
- Dry erase markers and dry erase sheets were purchased to use in the class for brainstorming and illustrating ideas presented in the curriculum.
- Additional childcare supplies were purchased that will encourage make believe play and provide other ways for childcare staff to interact with the children.
- Brochures and information about community resources were given to participants on topics of interest.

## *Child Wellness*

### *Quarterly*

- Promotional fliers were created for each program, printed in color and posted to inform the residents of upcoming programs.
- Presenters shared their time and provided giveaways to participants.
- Additional community resources on the topic of the program were given to the participants at each program.

### *Annual*

- The Project Coordinator designed a flyer for each of the programs. They were printed in color and posted at the doors to MECCA transitional apartments no later than two weeks prior to the program.
- Additional community resources on the topic of the program were given to the participants at each program.
- 3 Fisher Price Booster seats were purchased for families to use during meal times. These chairs are also used for the “Partners in Parenting” program.

## **Program evaluation**

### ***Partners in Parenting***

#### ***Quarterly***

Results from the evaluations indicate that 100% of participants are a lot more realistic about what to expect of their children based on their age, are more likely to use positive discipline, discovered new resources in the community and established new relationships with other parents. 60% know a lot more ways to prevent behavior problems before they happen and feel more confident about their parenting skills.

#### ***Annual***

Data compiled from each quarter indicates that 77% of participants are a lot more realistic about what to expect of their children, 81% are a lot more likely to use positive discipline and 58% are a lot more knowledgeable of ways to prevent behavior problems. 73% of participants are more confident in their parenting skills.

### ***Trainings for Child/Family Services Providers***

#### ***Quarterly***

Two presentations titled “Working with Children Impacted by Substance Abuse” and one presentation titled “Impact of Environmental Exposure to Substance Abuse” were given to 50 service providers. Overall, based on evaluations, the staff felt that the training achieved the stated objectives and increased their subject knowledge.

#### ***Annual***

77 childcare providers, family support workers, WIC staff, and parks and recreation staff were provided information on fetal alcohol spectrum disorder, addiction, intervention, current drug trends and working with children and families impacted by substance abuse. 6 hours of information was presented: 5-one hour presentations and 2-30 minute presentations.

### ***Child Wellness***

#### ***Quarterly***

Results from the evaluations indicate that 75% of participants discovered new resources, 88% had a chance to meet and talk with other parents, and 63% had a lot more activity ideas to use in the home. 50% felt a lot more less stress in caring for their child, 38% felt a little more less stress in caring for their child, and 13% felt no less stress in caring for their child. 88%

agreed that the presenters talked at a level they could understand, the presenter was very knowledgeable and they were comfortable asking questions.

### ***Annual***

Evaluation results compiled from all four quarters indicate 78% have a lot more activity ideas to use at home, 66% know a lot more about health care services, 81% received a lot more information about preventive health visits, 78% discovered a lot more new resources and 69% felt a lot more less stress in caring for their child. 94% of participants agreed the presenters talked at a level they could understand and 97% agreed the presenters were very knowledgeable and approachable for asking questions.

## ***Process Evaluation***

### ***Partners in Parenting***

#### ***Quarterly***

The average total cost per family this quarter of the “Partners in Parenting” program was \$104.50. This includes program costs (handouts, childcare supplies, promotion, mileage and flip charts and markers) and participant supports (incentives, door prizes, mileage to transport families and meals). The average cost of food was \$39/session and \$5.5/family/session for six sessions. Childcare costs for this quarter were \$237.59 that provided childcare for four children each week of the program.

#### ***Annual***

The average total cost per family for this year of the “Partners in Parenting” program was \$130.24. This includes program costs (handouts, childcare supplies, promotion, mileage and flip charts and markers) and participant supports (incentives, door prizes, mileage to transport families and meals). The average cost of food was \$51.3/session and \$1.75/family/session for 24 sessions. Childcare costs for this year were \$1632.16 that provided childcare for each session.

### ***Child Wellness***

#### ***Quarterly***

The average total cost per family participating in the “Wellness Program” this quarter was \$161.3. This is for an average of families 3 per month for 3 months. This includes childcare, food, supports, and incentives for attendance. The average cost of food was \$91.26/per month and \$30.42/family per month. The average cost of supports and incentives was \$217/month and \$36/family per month.

## *Annual*

The average total cost per family participating in the “Wellness Program” this year was \$304.80 . This includes childcare and program costs (speaker stipends, incentives, supports and meals) for 9 unduplicated families. The average cost of food was \$65/per month and \$16.30/family per month. The average cost of supports and incentives was \$144/month and \$36/family per month. This is for 11 months with an average of 4 families per month.

From July 1, 2007-October 15, 2007, both programs were coordinated by Tiffany Johnston-Hines. Since October 15, 2007 all of the programs were directed by the Project Coordinator, Rebecca M. McMurray. The Project Coordinator is a licensed master social worker. Her experience includes being a Family Support Worker for two families through Hills Family Resource Center, program assistant at Regency Community Center, and experience working with children and families in a variety of settings. She attended the “Positive Parenting with a Plan: How to empower parents with challenging children and adolescents” seminar and Life Skills Training in December. She attended Prime for Life training in March and completed three days of the Substance Abuse Prevention Specialist Training. Applicable courses she has completed through the Essential Learning Network include “FASD: Why isn’t this person responding to treatment?”, “Developmental Stages: Infancy through Adolescence”, and “Alcohol and the Family”. The Project Coordinator and the Prevention Supervisor will continue to monitor the availability of additional and related trainings for the future.

## *Outcome Evaluation*

Agency Name	<b>MECCA Partners In Parenting</b>		
Dates of Report	<b>April - June 2008</b>		
Number of Families (unduplicated)	<b>7</b>		
Number of Families (duplicated)	<b>31</b>		
Number of Children 0-5	<b>5</b>		
Number of Surveys	<b>4</b>		
Total (duplicated) number of classes attended	<b>22</b>		
Number of classes offered	<b>6</b>		
Average number of classes attended	<b>5.5</b>		
<b><u>Percentage of Responses</u></b>			
Item:	<b><u>Not At All</u></b>	<b><u>A Little More</u></b>	<b><u>A Lot More</u></b>
I am more realistic about what to expect of my child at this age.	0%	0%	100%
I am more likely to use positive discipline with my child.	0%	0%	100%
I know more ways to prevent behavior problems before they happen.	0%	40%	60%
I feel more confident about my parenting skills.	0%	40%	60%
I have discovered new resources in the community to use.	0%	0%	100%
I had a chance to meet and talk with other parents.	0%	0%	100%
	<b><u>Disagree</u></b>	<b><u>Unsure</u></b>	<b><u>Agree</u></b>
The presenter talked at a level I could understand	0%	0%	100%
The presenter was very knowledgeable	0%	0%	100%
I felt comfortable asking the presenter any questions I had	0%	0%	100%
<b><u>Compiled data</u></b>			
Child development	0%	0%	100%
Guidance & discipline	0%	20%	80%
Parenting styles & techniques	0%	40%	60%
Early reading			
Health care			
Community services & resources	0%	0%	100%
Presenter effectiveness	0%	0%	100%

Agency Name	<b>MECCA Partners In Parenting</b>
Dates of Report	<b>July 2007 - June 2008</b>
Number of Families (unduplicated)	<b>0</b>
Number of Families (duplicated)	<b>159</b>
Number of Children 0-5	<b>46</b>
Number of Surveys	<b>25</b>
Total (duplicated) number of classes attended	<b>141</b>
Number of classes offered	<b>24</b>
Average number of classes attended	<b>5.6</b>

**Percentage of Responses**

Item:	<u>Not At All</u>	<u>A Little More</u>	<u>A Lot More</u>
I am more realistic about what to expect of my child at this age.	0%	23%	77%
I am more likely to use positive discipline with my child.	0%	19%	81%
I know more ways to prevent behavior problems before they happen.	0%	42%	58%
I feel more confident about my parenting skills.	0%	27%	73%
I have discovered new resources in the community to use.	4%	31%	65%
I had a chance to meet and talk with other parents.	0%	8%	92%
	<u>Disagree</u>	<u>Unsure</u>	<u>Agree</u>
The presenter talked at a level I could understand	0%	0%	100%
The presenter was very knowledgeable	0%	4%	96%
I felt comfortable asking the presenter any questions I had	0%	4%	96%

**Compiled data**

Child development	0%	23%	77%
Guidance & discipline	0%	31%	69%
Parenting styles & techniques	0%	27%	73%
Early reading			
Health care			
Community services & resources	2%	19%	79%
Presenter effectiveness	0%	3%	97%

### *Trainings for Child/Family Services Providers*

Using a scale of 1-5; five representing strongly agree, and one strongly disagree.

Ratings represented an average of all responses at trainings.

	4Cs	HACAP	Kinderfarm	UAY	GSC	Recreation Dept.	WIC
	8/17/2007	1/10/2008	1/16/2008	1/30/2008	4/7/2008	6/2/2008	6/20/2008
Content							
The training achieved the stated objectives.	4.5	4.2	5	3.75	4.58	4.6	4.23
Clear and understandable materials were presented.	4.5	4.2	5	3.3	4.71	4.15	4.15
The training increased my subject knowledge.	4.25	4	5	4.14	4.88	3.7	4.23
The Instructor:							
Was well-prepared and organized.	4.75	4.1	5	3.6	4.76	4	4.38
Explained the information clearly.	4.75	3.8	5	3.5	4.76	3.75	4.3
Overall Program							
The session was well-paced.	4.5	4.3	4.8	3.6	4.64	4	4.07
Overall, the training was professional, up-to-date, and useful.	4.5	4	5	4	4.76	3.95	4.07

## *Child Wellness*

Agency Name	<b>MECCA Child Wellness</b>		
Dates of Report	<b>April - June 2008</b>		
Number of Families (unduplicated)	<b>6</b>		
Number of Families (duplicated)	<b>11</b>		
Number of Children 0-5	<b>8</b>		
Number of Surveys	<b>8</b>		
Total (duplicated) number of classes attended	<b>2</b>		
Number of classes offered	<b>3</b>		
Average number of classes attended	<b>0.3</b>		
<b><u>Percentage of Responses</u></b>			
Item:	<b><u>Not At All</u></b>	<b><u>A Little More</u></b>	<b><u>A Lot More</u></b>
I have more activity ideas to use at home with my child	25%	13%	63%
I know more about health care services for my family	25%	25%	50%
I received information about preventive (well-child) health visits	25%	25%	50%
I have discovered new resources in the community to use	0%	25%	75%
I had a chance to meet and talk with other parents	0%	13%	88%
I feel less stressed in caring for my child	13%	38%	50%
	<b><u>Disagree</u></b>	<b><u>Unsure</u></b>	<b><u>Agree</u></b>
The presenter talked at a level I could understand	0%	13%	88%
The presenter was very knowledgeable	0%	13%	88%
I felt comfortable asking the presenter any questions I had	0%	13%	88%
<b><u>Compiled data</u></b>			
Child development			
Guidance & discipline			
Parenting styles & techniques	25%	13%	63%
Early reading			
Health care	25%	25%	50%
Community services & resources	4%	25%	71%
Presenter effectiveness	0%	13%	88%

Agency Name	<b>MECCA Child Wellness</b>		
Dates of Report	<b>July 2007 - June 2008</b>		
Number of Families (unduplicated)	<b>0</b>		
Number of Families (duplicated)	<b>42</b>		
Number of Children 0-5	<b>38</b>		
Number of Surveys	<b>31</b>		
Total (duplicated) number of classes attended	<b>27</b>		
Number of classes offered	<b>12</b>		
Average number of classes attended	<b>0.9</b>		
<b><u>Percentage of Responses</u></b>			
Item:	<b><u>Not At All</u></b>	<b><u>A Little More</u></b>	<b><u>A Lot More</u></b>
I have more activity ideas to use at home with my child	9%	13%	78%
I know more about health care services for my family	19%	16%	66%
I received information about preventive (well-child) health visits	6%	13%	81%
I have discovered new resources in the community to use	0%	22%	78%
I had a chance to meet and talk with other parents	3%	6%	91%
I feel less stressed in caring for my child	9%	22%	69%
	<b><u>Disagree</u></b>	<b><u>Unsure</u></b>	<b><u>Agree</u></b>
The presenter talked at a level I could understand	0%	6%	94%
The presenter was very knowledgeable	0%	3%	97%
I felt comfortable asking the presenter any questions I had	0%	3%	97%
<b><u>Compiled data</u></b>			
Child development			
Guidance & discipline			
Parenting styles & techniques	9%	13%	78%
Early reading			
Health care	13%	14%	73%
Community services & resources	4%	17%	79%
Presenter effectiveness	0%	4%	96%

# **Budget/ Expenditure Report**

## ***Partners in Parenting***

### ***Quarterly***

- Resources and information were gathered from the Cedar Rapids Substance Abuse Information Center at no cost.
- “Dare to be You” curriculum borrowed at no cost.
- \$65 was transferred from mileage for project coordinator to program promotion to print 200 colored brochures.
- \$310 was moved from Equipment with \$145 moved to Salaries & Personnel for childcare workers and \$165 moved to Program Costs.
- Quarterly budget attached.

### ***Annual***

- Resources and information were gathered from the Cedar Rapids Substance Abuse Information Center at no cost.
- “Dare to be You” curriculum borrowed at no cost.
- \$65 was transferred from mileage for project coordinator to program promotion to print 200 colored brochures.
- \$310 was moved from Equipment with \$145 moved to Salaries & Personnel for childcare and \$165 moved to Program Costs.
- Annual budget attached.

## ***Child Wellness***

### ***Quarterly***

- Both speakers provided their time and materials for the program at no cost.
- Surplus funds in program costs were transferred to Family Supports to purchase four Coralville Aquatic Center punch passes.
- Quarterly budget attached.

### ***Annual***

- 9 presenters gave their time and materials for the program at no cost.
- \$70.00 was subtracted from the food budget to purchase 3 Fisher Price booster seats.
- Surplus funds in program costs were transferred to Family Supports to purchase four Coralville Aquatic Center punch passes.
- Annual budget attached.

## Appendix A - Reporting Sheet

	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	Total Year
<b><u>Overall</u></b>					
# of families unduplicated	16	15	13	13	31
# of families duplicated	68	57	34	42	201
# of children 0-5 unduplicated	36	20	15	13	84
# of children 0-5 duplicated	156	108	56	54	218
<b><u>DECA</u></b>					
# of children at least one DECA					
# of children 2 DECAs					
# of children with gains in Total Protective Factors					
# of referrals as result of DECAs					
# of referred children receiving services					
<b><u>ASQ</u></b>					
# of ASQs completed					
# of children receiving an ASQ					
# of referrals as result of ASQ					
# of referred children receiving services					
<b><u>ASQ:SE</u></b>					
# of ASQ:SEs completed					
# of children receiving an ASQ:SE					
# of referrals as result of ASQ:SE					
# of referred children receiving services					

<b>Empowerment Quarterly Budget Report</b> (follow program proposal budget)				
<b>Program Name: Partners in Parenting</b>				
<b>Reporting Period: April-June 2007</b>				
	Contracted budget amounts	Quarterly Empowerment Expenditures	Year-To-Date Empowerment Expenditures	Total Year-To-Date Expenditures
<b>1. Salaries &amp; Personnel</b>	17,042	3281.9	17042	17042
Program costs (provide detail)				
a. Handouts	160	40	160	160
b. Children's arts and crafts supplies	200	59.73	194.79	194.79
c. Program promotion and ads	265	75.16	254.73	254.73
d. Mileage for coordinator	95	24.03	70.76	70.76
e. Flip charts and markers	140	62.7	137.03	137.03
<b>2. Program costs subtotal</b>	<b>860</b>	<b>261.62</b>	<b>817.31</b>	<b>817.31</b>
Participant supports (provide detail)				
a. Family Incentives	1175	100	1175	1175
b. Door Prizes	710	176.85	710	710
c. Meals	1200	233.53	1231.5	1231.5
d. Mileage to transport families	45	0	13.5	13.5
<b>3. Participant supports subtotal</b>	<b>3130</b>	<b>510.38</b>	<b>3130</b>	<b>3130</b>
Other (provide detail)				
a. Equipment	378	273.85	378	378
b. Space	533	133.22	533	533
<b>4. Other subtotal</b>	<b>911</b>	<b>407.07</b>	<b>911</b>	<b>911</b>
<b>5. TOTAL DIRECT</b>	<b>21943</b>	<b>4460.97</b>	<b>21900.31</b>	<b>21900.31</b>
Administration	1911	356.88	1752.04	1752.04
Other indirect				
<b>6. TOTAL INDIRECT</b>	<b>1911</b>	<b>356.88</b>	<b>1752.04</b>	<b>1752.04</b>
<b>7. TOTAL EXPENDITURES</b>	<b>23854</b>	<b>4817.85</b>	<b>23652.35</b>	<b>23652.35</b>

<b>Empowerment Final Budget Report</b> (follow program proposal budget)				
<b>Program Name: Partners in Parenting</b>				
<b>Reporting Period: June 2006 - July 2007</b>				
	Contracted budget amounts	Total Empowerment Expenditures	Total Other Expenditures	Total Year-To-Date Expenditures
<b>1. Salaries &amp; Personnel</b>	17,042	17042		17042
Program costs (provide detail)				
a. Handouts	160	160		160
b. Children's arts and crafts supplies	200	194.79		194.79
c. Program promotion and ads	265	254.73	0	254.73
d. Mileage for coordinator	95	70.76		70.76
e. Flip charts and markers	140	137.03		137.03
<b>2. Program costs subtotal</b>	<b>860</b>	<b>817.31</b>		<b>817.31</b>
				0
Participant supports (provide detail)				
a. Family Incentives	1175	1175	0	1175
b. Door Prizes	710	710		710
c. Meals	1200	1231.5		1231.5
d. Mileage to transport families	45	13.5		13.5
<b>3. Participant supports subtotal</b>	<b>3130</b>	<b>3130</b>		<b>3130</b>
			0	
Other (provide detail)				
a. Equipment	378	378	0	378
b. Space	533	533		533
<b>4. Other subtotal</b>	<b>911</b>	<b>911</b>		<b>911</b>
<b>5. TOTAL DIRECT</b>	<b>21943</b>	<b>21900.31</b>	<b>0</b>	<b>21900.31</b>
Administration	1911	1752.04	0	1752.04
Other indirect				
<b>6. TOTAL INDIRECT</b>	<b>1911</b>	<b>1752.04</b>		<b>1752.04</b>
<b>7. TOTAL EXPENDITURES</b>	<b>23854</b>	<b>23652.35</b>		<b>23652.35</b>

**Empowerment Quarterly Budget Report** (follow program proposal budget)

**Program Name: Child Wellness**  
**Reporting Period: April-June 2007**

	Contracted budget amounts	Quarterly Empowerment Expenditures	Year-To-Date Empowerment Expenditures	Total Year- To-Date Expenditures
<b>1. Salaries &amp; Personnel</b>	2,390	564.05	2235.14	2235.14
Program costs (provide detail)				
a. Guest Speaker Stipends	100	0	100	100
b. Family Incentives	640	180	640	640
c. Family Supports	970	378.46	945.51	945.51
d. Food	720	273.78	716.74	716.74
<b>2. Program costs subtotal</b>	<b>2430</b>	<b>832.24</b>	<b>2402.25</b>	<b>2402.25</b>
Participant supports (provide detail)				
a.	0	0	0	0
b.	0	0	0	0
<b>3. Participant supports subtotal</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
Other (provide detail)				
a. Equipment	69	56.29	69	69
b. Space	119	29.72	119	119
<b>4. Other subtotal</b>	<b>188</b>	<b>86.01</b>	<b>188</b>	<b>188</b>
<b>5. TOTAL DIRECT</b>	<b>5008</b>	<b>1482.3</b>	<b>4825.39</b>	<b>4825.39</b>
Administration	401	118.58	386.03	386.03
Other indirect				
<b>6. TOTAL INDIRECT</b>	<b>401</b>	<b>118.58</b>	<b>386.03</b>	<b>386.03</b>
<b>7. TOTAL EXPENDITURES</b>	<b>5409</b>	<b>1600.88</b>	<b>5211.42</b>	<b>5211.42</b>

**Empowerment Final Budget Report** (follow program proposal budget)

**Program Name: Child Wellness**

**Reporting Period: June 2006-July 2007**

	Contracted budget amounts	Total Empowerment Expenditures	Total Other Expenditures	Total Year- To-Date Expenditures
1. Salaries & Personnel	2,390	2235.14		2235.14
Program costs (provide detail)				
a. Guest Speaker Stipends	100	100		100
b. Family Incentives	640	640		640
c. Family Supports	970	945.51	0	945.51
d. Food	720	716.74		716.74
2. Program costs subtotal	2430	2402.25		2402.25
Participant supports (provide detail)				
a.	0			
b.	0		0	
3. Participant supports subtotal	0			
Other (provide detail)				
a. Equipment	69	69		69
b. Space	119	119	0	119
4. Other subtotal	188	188		188
			0	
<b>5. TOTAL DIRECT</b>	5008	4825.39		4825.39
Administration	401			
Other indirect		386.03	0	386.03
<b>6. TOTAL INDIRECT</b>	401			
		386.03	0	386.03
<b>7. TOTAL EXPENDITURES</b>	5409	5211.42		5211.42

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**From:** Laurie Nash  
**Sent:** Tuesday, July 29, 2008 2:41 PM  
**To:** Becka McMurray  
**Subject:** FY08 Annual Report

Thanks, Becka. I will change the PIP budget on the front page to reflect the updated budget numbers.  
Laurie

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**From:** Rebecca McMurray [mailto:rmcmurray@meccaia.com]  
**Sent:** Tuesday, July 29, 2008 2:34 PM  
**To:** Laurie Nash  
**Subject:** FY08 Annual Report

Hi Laurie,  
I had forgotten to add the \$40 quarterly cost for handouts which is now fixed. This also changed the indirect costs to account for the \$3.20. I've also added to the summary tables however the data for presentations isn't done by percentages but hopefully is okay what I've put. Thanks for your patience!

Becka

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**From:** Laurie Nash  
**Sent:** Monday, July 28, 2008 12:16 PM  
**To:** Becka McMurray  
**Subject:** FY08 Annual Report

Thanks, Becka. For the PIP budget, we have invoices receipts of \$23,652.35 and show 4th quarter payment of \$4817.85. Both of these figures are different from the budgets in the report. In the summary tables, there is not outcome evaluation for the PIP professional training (i.e. increased ability to effectively identify and intervene in situations where children are exposed to alcohol and drugs) and the summary table for Child Wellness doesn't have the outcome data about the program (i.e. knowing more about health care services, feeling less stressed). Finally, can I please get the excel documents for the PIP and Child Wellness evaluations? I need to combine them with other programs for reporting to the state.  
Thanks again,  
Laurie

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**From:** Rebecca McMurray [mailto:rmcmurray@meccaia.com]  
**Sent:** Monday, July 28, 2008 11:55 AM  
**To:** Laurie Nash  
**Subject:** FY08 Annual Report

Hi Laurie,  
Here is the report for Partners in Parenting. If anything else is needed please let me know. I will mail paper copies on Wednesday to ensure there is if any corrections need to be made.

Thanks,  
Becka