

Empowerment Report for *Manantial***Name of Provider Agency**

Children's Center Charities
1552 Mall Drive
Iowa City, IA 52245

Name of Program

Manantial, The Hispanic Parent Education & Support

Dates of Reporting Period

Quarter 1: July 2009-September 2009

Submitted by: Jennifer Adrian, Project Coordinator for *Manantial*
& Director of Nonprofit Programs, Children's Center Charities

Summary Table

School Ready Parent Education & Family Support

Program Name & Grant Amount	Target Audience & Goals	Scope of Services	Performance Measures	Outcomes
<p>The Children's Center Charities</p> <p>Hispanic Parent Education and Support Group, Manantial</p> <p>\$9,554.00</p> <p>Amount spent year to date:</p> <p>2231.97</p>	<p>Hispanic families of children birth to five who have a diagnosed disability or developmental delays.</p> <p>Approximately 20 parents and families.</p> <p>Provide education and support to Hispanic parents who have a child with a special need, ages birth to five, so they can learn about Johnson County services for children with special needs, share information, and offer each other emotional support.</p>	<p>Offer a 2-hour parent education/support group twice per month for 12 months. We will serve approximately 20 unduplicated parents.</p> <p>Funding addresses childcare, space, transportation, and lunch.</p>	<p>Provide education and support to Hispanic parents who have a child with a special need, ages birth to five, so they can learn about Johnson County services for children with special needs, share information, and offer each other emotional support.</p> <p>Participating families will have increased parent confidence and competence; increased healthy informal supports; and enhance their children's health, growth, and development.</p>	<p>A. Reduced levels of stress related to having a child with a disability.</p> <p>B. Enhanced parent/child relationships.</p> <p>C. Educated parents about issues related to having a child with a disability.</p> <p>D. 6 sessions have been completed this quarter.</p> <p>E. 28 unduplicated families and 103 duplicated families participated in Manantial this quarter.</p> <p>F. Results from Parent Education and Support survey. See outcome evaluation.</p> <p>G. All state required Family Support Performance Measures. See outcome evaluation.</p>

1. Implementation

- Summarize specific activities and events that have occurred during the reporting period.

Number of activities. There have been 6 Manantial meetings this quarter, with 2 two-hour meetings in July, August, and September. We meet from 11:00 AM –1:00 PM every other Friday at the Children’s Center. Already we have exceeded in serving our contracted numbers for this program. We hoped for 20 participants and served 28 in the first quarter.

Number of staff hours. Our Paraprofessional Educator works about 40 hours per month for Manantial or .25 FTE. The Project Coordinator works approximately 16 hours per month or .10 FTE for Manantial.

Materials and/or curricula utilized: The Manantial Group uses the Parents as Teachers curriculum, which operates under the philosophy that parents are their children’s first teachers. The participants of the *Manantial* Hispanic Support Group are asked to fill out a Demographic Survey, The Protective Factor Survey, and Evaluation for the Hispanic Support Group (created locally) when they join the group and when they leave the group. We also had a number of guest speakers this quarter. See some examples under in “Highlighted Successes.”

The demographics of the group are as follows: There have been 28 unduplicated parents and 103 duplicated parents. These families have 42 children under the age of five, making 42 unduplicated children and 142 duplicated children. The following demographics are from the Protective Factors Demographic Survey, 1 for each of the 28 participating families.

Number in family:

1 respondents indicated there were 2 people in the family; 6 respondents indicated there are 3 people in the family; 6 respondents indicated there were 4 people in the family; 1 respondent indicated there was 5 people in the family; and 14 respondents indicated there were more than five people in their family.

Ethnicity: 96% or 27 families who attended group identified themselves as Hispanic or Latino; 4% or 1 of the families who attended group identified themselves as Black. 96% of the families identified Spanish as the primary language of the head of the household; 20% or 5 families said both English and Spanish were used as primary languages; 4% or 1 family said they spoke both Arabic and English in the home.

Family income:

13 families identified their income as > \$10,000 a year; 9 families identified their income as between \$10,001- and 20,000 a year; 1 families identified their income as between \$ 20,000-30,000 a year; 4 family identified their income as between \$30,001-40,000 a year; 1 family identified their income as between \$50,001- 60,000 a year.

Marital Status:

14 participates reported they were married; 2 participants reported they were divorced; 3 reported they were partnered; 0 reported they were widows; 7 reported they were single; 2 reported a separation.

Educational Level:

11 respondents indicated their highest level of education was elementary or middle school; 12 respondents indicated their highest level of education was high school or a GED; 4 respondents indicated their highest level of education was some college; 1 respondent indicated she had a Bachelor's degree.

Number of children under the age of five in each family:

11 respondents had 1 child under the age of five; 8 respondents had 2 children under the age of five; 1 respondent had 3 children under the age of five; 1 respondent indicated they had 4 children under the age of 5; 1 respondent indicated they had more than 4 children under the age of 5; 8 respondents did not have any children under the age of five.

If implementation expectations and/or the terms of the contract are not being met, explain why and how this is being addressed. All expectations are being met at this time.

Highlight successes

We continue to have a big turnout. The biggest meeting this session had 16 parents attend and the smallest group had 12 parents. It helps that we provide lunch, transportation, and childcare, but more importantly, we provide a safe, educational environment where parents feel they can make themselves vulnerable and ask for help. The Empowerment Group, *Manantial*, gets families in the door, and we provide extended services to families outside the group. Dayrin Lovan donates her time doing advocacy and support for families, translating at doctors appointments and making herself available by phone. At the Children's Center, we work closely with the Free Medical Clinic to get doctors referrals for Hispanic families, and then provide therapy to the undocumented and uninsured for free.

Also, a new *Manantial* family who has an undocumented child with cerebral palsy is getting a wheelchair donated through Easter Seals. *Manantial* catches some of the children who might otherwise "fall through the cracks".

As one of our summer meetings, we packed over 40 people into cars and took them to the Niabi Zoo in Illinois. Many of these families do not have cars, and this was something like a summer vacation for the children.

We've had a number of excellent guest speakers who speak on various topics of interest. Highlights this quarter have included Maureen Russo, a Physical Therapist, who taught the parents hands-on relaxation techniques to use on themselves and their children & Leah Wilson from Johnson County Food Alliance talked about local food co-ops and how to access healthy, affordable foods.

Describe obstacles. If obstacles are identified, how are they being addressed?

Although this program has been going for nearly 5 years, and it has always operated out of The Children's Center, for the first time the Children's Center has nonprofit arm, and we were eligible to contract with Empowerment directly (instead of subcontracting). There was some confusion about getting Johnson County Empowerment on our insurance (which it is now) and therefore have only just billed for the first quarter. I hope this doesn't impact us with all the budget cuts, because we are definitely making a difference to many Johnson County families.

2. Resource materials / Equipment

The Empowerment Grant covers the basic functions of the group by subsidizing salaries, and by providing incentives such as a light lunch and transportation. For our low-income families, lunch and transportation are large incentives. We buy groceries and then we have a Hispanic volunteer prepare a meal for everyone—tacos, enchiladas, or tostadas. Preparing food, and not purchasing premade food has helped us stretch our lunch money.

The Children's Center provides functions in-kind; photo-copying, toys for childcare, operating space, and other supports as needed. All resources and equipment are available to all families during each meeting. We also provide resource and referral to families as needed. Some examples of referrals this year are to the Center for Disabilities and Development, the Free Medical Clinic, Easter Seals, Grant Wood AEA, and more. As we refer, we work closely with Dayrin, the Para-Educator, or another Spanish speaker, so families understand not only the services provided in Johnson County, but how to access them.

3. Program evaluation.

Provider qualifications. The Paraprofessional Educator, Dayrin Lovan, is a Hispanic mother with a child who has a disability. Her primary tasks include implementing parent education and facilitating the support group, scheduling professional guest speakers, and recruiting outreach to new families. Our Paraprofessional Educator doesn't have a degree, but has a great rapport with the Hispanic Community and is a native speaker. She works at least 40 hours per month for the group, or .25 FTE. The Project Coordinator oversees the functioning of the Hispanic Support Group, attends group, oversees the administrative duties, and has five years of experience with people with disabilities in Johnson County. She works approximately 20 hours per month for the HSG or .125 FTE. The Project Coordinator has a Masters degree in Social Work.

The Children's Center has been providing therapy services to children with disabilities since 2004. They are a grassroots organization whose philosophy is to optimize children's potential for success. It is our goal to be a "lighthouse" for families who have children with disabilities—to offer them more than flat services, but to guide them along in their journey toward supports.

Does this program have a national or state credential or been accepted into the process?

We do not have a national or state credential.

Per family cost, per class cost, per child cost, etc. as appropriate for each program. The per family and per child costs would be for unduplicated counts for the year. There were 6 classes in the first quarter. The family cost per class would be \$13.39. The child cost per class would be \$8.86. The total cost per class would be \$372.

Number of staff delivering the program. 2 staff, the Paraprofessional Educator and the Project Coordinator. Also, the childcare provider (s).

Resources used. Our spending for the year is on track. The total Empowerment budget (\$9554) allows about \$398 per class, and we are spending about \$372 per class. We have not spent any money on advertising yet, so this might put us a little under our class cost.

Outcome Evaluation

Describe the plan for evaluation: The participants of the *Manantial* Hispanic Support Group were asked to fill out a *Demographic Survey* and the *Protective Factors* survey when they joined the group. Participants are also asked to fill out the local *Empowerment Education and Support Group Participation Evaluation*.

Report how many evaluations have been completed to date. 28 *Demographic Surveys* have been filled out to date 28 *Protective Factors Evaluations* were completed in the first quarter. 44 *Empowerment Education and Support Participation Evaluations* were filled out this quarter.

What follows are the results from all the *Empowerment Education and Support Participation Evaluations*:

After attending the Support and Education Session respondents were asked to rate statements on a three-point scale: *Not at all*, *A little more*, and *A lot more*.

1. 75% of the respondents said they were *A lot more* likely to, and 25% of respondents said they were *A little more* likely to: “Encourage their child to try new activities to increase his/ her skills.”
2. 61% of the respondents said they were *A lot more* likely to, and 39% said they were *A little more* likely to: “Understand more why their child does the things he/ she does.”
3. 80% of the respondents said they were *A lot more* likely to, and 18% said they were *A little more* likely to: “Feel more confident about their parenting skills.” 2% were not more confident.
4. 73% of the respondents said they were *A lot more* likely to, 27% said they were *A little more* likely to: “Have more activity ideas to use at home with their child.”
5. 78% of the respondents said they were *A lot more* likely to, 20% said they were *A little more* likely to, and 1% said they *did not*: “Discover new resources in the community to use.” 2% did not have more new resources to use.
6. 73% of the respondents said they were *A lot more* likely to, and 27% said they were *A little more* likely to: “Have the chance to meet and talk with other parents.”
7. 75% of the respondents said they were *A lot more* likely to, 25% said they were *A little more* likely to, and 5% said they *were not* likely to: “Feel less stressed in caring for their child.”
8. 68% of the respondents said they were *A lot more* likely to, and 32% said they were *A little more* likely to: “Understand how to take better care of themselves and their needs.”

For the following three questions respondents were asked to *disagree*, *agree*, or say they were *unsure* about the following statements: 93% agreed, “The presenter talked at a level I could understand,” 93% agreed, “The presenter was very knowledgeable,” and 93% agreed with the statement, “I felt comfortable asking the presenter questions that I had.”

What follows is the Protective Factors Survey Results to date:

Report % of participating families that increase or maintain **family functioning**. Tallied averages for family functioning is as follows: 72% reported they have strong family functioning, “frequently,” very frequently” or “always.” 9% reported they have strong family functioning about “half the time”. 9% reported their family “rarely” functioned. 1% said their family “never” functioned.

Report % of participating families that increase or maintain **social supports**. Tallied averages for social supports are as follows: 67% reported they have strong social supports “always” “very frequently” or “frequently.” 14% reported they have social supports “half the time.” 19% reported they struggled with social supports.

Report % of participating families that are connected to additional **concrete supports**. Tallied averages for concrete supports are as follows; 20% reported they had concrete supports “always” “very frequently” or “frequently.” 18% reported they have concrete supports “half the time,” 31% reported they had concrete supports “rarely”, 13% reported they had concrete supports “very rarely” and 18% reported they “never” had concrete supports. **One explanation for these responses is that the three questions for concrete supports were where to turn for housing, a job, or for money to make ends meet. Many of the parents who belong to Manantial are immigrants and therefore cannot turn to traditional government resources and /or are not native speakers. We work to bridge these gaps in our group.

Report % of participating families that increase knowledge about **child development and parenting**. Tallied averages for child development and parenting are as follows; 72% reported they have increased knowledge related to child development and parenting “always” “very frequently” or “frequently.” 13% reported they have knowledge about child development about “half the time” and 9% reported they felt they “rarely” had increased knowledge about child development and parenting, 5% reported they felt they “very rarely” had increased knowledge about child development and parenting, 1% reported they felt they “never” had increased knowledge about child development and parenting.

Report % of participating families that improve **nurturing and attachment** between parent(s) and child(ren). Tallied averages for the healthy family functioning are as follows; 91% reported they had improved nurturing and attachment “always” “very frequently” or “frequently.” 6% reported they had nurturing and attachment “half the time” and 1% reported they had nurturing and attachment between parent and child “rarely” and 0% reported they had nurturing and attachment between parent and child “ very rarely” and 2% said they never had nurturing and attachment with their child. about nurturing and attachment.

4. Budget / Expenditure report.

- Attach a complete budget, specifying expenditures for the reporting period and year-to-date. Use the provided budget form (Excel document) and follow line items from the original proposal. Attached.
- Identify additional resources utilized or contributed to the program(s). This is to be detailed in Detail Chart A Other Revenue.
- Identify any adjustments made to the original budget. None at this time.

Report Checklist

Each item on this checklist must be initialed by the person completing the report.

- X Report format has been followed**
- X Summary Table is complete and accurate as provided by Empowerment**
- X All state required outcomes (www.empowerment.state.ia.us) Tool Kit Tool FF and Tool FF(A) are being tracked and reported**
- X Budget is complete and accurate**
- X Appendix A is complete and accurate**
- X Report is submitted by the deadline**

Appendix A - Reporting Sheet

	1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter	Total Year
Overall					
# of families unduplicated	28				
# of families duplicated	103				
# of children 0-5 unduplicated	42				
# of children 0-5 duplicated	142				
# of group parent education meetings offered	6				
Screening					
# of children 0-5 screened for developmental delays	N/A	N/A	N/A	N/A	N/A
# of those children screened that were referred to Early Intervention services	N/A	N/A	N/A	N/A	N/A
# of referred children receiving services	N/A	N/A	N/A	N/A	N/A
Name of screening tool used	N/A	N/A	N/A	N/A	N/A

Proposed Empowerment Budget FY09-FY10

	Total Program Cost	Empowerment Award	Empowerment Expenditures QR1	Other Revenue QR1
Salaries & Personnel <small>detail chart A</small>				
a. Paraeducator	5400	2,700	675	675
b. Project Coordinator	4800	2,000	500	699.99
1. Salaries subtotal	10200	4,700	1,175	1374.99
Program Costs <small>provide detail</small>				
a. Advertisement	500	250	0	62.49
b. Postage	150	0	0	37.5
c. Handouts	100	0	0	25
2. Program Costs subtotal	349.99	250	0	99.99
Participant Supports <small>provide detail</small>				
a. Childcare	504	504	135	0
b. Milage reimbursment	300	300	57.8	0
c. Lunch	1800	1000	264.17	0
d. Holiday party	400	400	0	0
3. Participant Supports subtotal	3004	2204	456.97	0
Equipment <small>provide detail</small>				
a. Childcare equipment	400	0	0	100
4. Equipment subtotal	400	0	0	100
Other <small>provide detail</small>				
a. Group Space	4800	2400	600	600
5. Other subtotal	4800	2400	600	600
6. TOTAL DIRECT <small>(total lines 1+2+3+4+5)</small>	18753.99	9554	2231.97	2174.98
Administration	0			
Other Indirect	0			
7. TOTAL INDIRECT	0	0		0
8. TOTAL EXPENDITURES <small>(total lines 6+7)</small>	18753.99	9554	2231.97	2174.98

Detail Chart A: Salary Costs

Job Title	% of FTE for project	Total Cost	Empowerment Request		Other Revenue
1	.25 FTE	5400	2700		2700
2	.10 FTE	4800	2000		2800
Totals		10200	4700		5500

Above totals should be the same as budget line 1; if these two numbers aren't the same, check the arithmetic

10200 4700 5500

10200 4700 1374.99

from Chart 1
Line 1

Detail Chart B: Other Revenue

Source of Other Revenue	Total amount of other revenue from source
1 Children's Center	2174.98
2 Target Grant	0
3 Volunteer time	675
Total Other Revenue	2849.98

Total should be the same as budget line 8 far right column; if these two numbers aren't the same, check the arithmetic

2174.98

2849.98

from Chart 1
Line 8